



BABOL UNIVERSITY OF MEDICAL SCIENCES

Curriculum Vitae (CV) Farideh Mohsenzadeh Ledari

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Assistant Professor



Personal and Contact Information

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Education

EDUCATION

Ph. D, Reproductive Health, Shahroud University of Medical Sciences, Iran

Master of Science, Midwifery, Mashhad University of Medical Sciences, Iran

Bachelor of Science, Midwifery, Mazandaran University of Medical Sciences, Iran

Research Skills and Publications

RESEARCH SKILLS AND PUBLICATIONS

1. Ledari FM, Barat S, Delavar MA, Banihosini SZ, Khafri S. Chewing sugar-free gum reduces ileus after cesarean section in nulliparous women: a randomized clinical trial. Iranian Red Crescent Medical Journal. 2013;15(4):330.
2. Ledari FM, Barat S, Delavar MA. Chewing gums has stimulatory effects on bowel function in patients undergoing cesarean section: a randomized controlled trial. Bosnian journal of basic medical sciences. 2012;12(4):265.
3. Pasha H, Behmanesh F, Mohsenzadeh F, Hajahmadi M, Moghadamnia AA. Study of the effect of mint oil on nausea and vomiting during pregnancy. Iranian Red Crescent Medical Journal. 2012;14(11):727.
4. Firouzbakht M, Nikpour M, Salmalian H, Ledari FM, Khafri S. The effect of perinatal education on Iranian mothers' stress and labor pain. Global Journal of Health Science. 2014;6(1):61.



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5. Delavar M, Salmalian H, Faramarzi M, Pasha H, Bakhtiari A, Nikpour M, et al. Using the objective structured clinical examinations in undergraduate midwifery students. *Journal of medicine and life*. 2013;6(1):76.
6. Mohsenzadeh Ledari F, Barat S, Nasiri Amiri F, Aghajani Delavar M, Banihosseini S, Khafri S. Effect of gum chewing after cesarean-delivery on return of bowel function. *Journal of Babol University of Medical Sciences*. 2012;14(3):19-24.
7. Mohsenzadeh-Ledari F, Taghizadeh Z, Motaghi Z, Keramat A, Moosazadeh M, Najafi A. Appropriate interventions for pregnant women with indicators of metabolic syndrome on pregnancy outcomes: A systematic review. *International journal of preventive medicine*. 2019;10.
8. Mohsenzadeh-ledari F, Keramat A, Khosravi A. Systematic review and meta-analysis of mean age at menarche in Iranian girls. *Caspian Journal of Reproductive Medicine*. 2015;1(2):27-33.
9. Mohsenzadeh Ledari F, Keramat A, Khosravi A. Relationship between life skills with functional impairment and sexual satisfaction in women. *World Fam Med*. 2018;7(10).
10. Ledari FM, Tabaghdehi MH, Hajipour L. Sexual health promotion programs in Iran and the world: A systematic review. *International Journal of Health Studies*. 2017;3(1).
11. Hajipour L, Montazeri A, Mohtasham Amiri Z, Hosseini Tabaghdehi M, Mohsenzadeh Ledari F. The empowerment of pregnant women in Tonekabon, Iran. *Caspian Journal of Reproductive Medicine*. 2016;2(1):8-12.
- Abhari F, Andarieh M, Ledari F. & Ahmady S., (2014): A Study to assess the Effectiveness of Planned Teaching Program on Knowledge Regarding Partogram Among Fourth Year B. Sc Nursing Students of Karnataka College of Nursing at Bangalore. *Bulletin of Environment, Pharmacology and Life Sciences*.3 (5):24-36.
13. Mohsenzadeh Ledari F, Hoseini Tabaghdehi M. Effect of Quran on the treatment of diseases: literature review. *Islam and Health Journal*. 2016;3(1):22-8.
14. Mohsenzadeh-ledari F, Akbari N, Hoseini Tabaqdehi M. Systematic review of the knowledge and attitude about HIV and AIDS among Iranian population. *Caspian Journal of Reproductive Medicine*. 2016;2(1):31-7.
15. Mohsenzadeh-Ledari F, Taghizadeh Z, Keramat A, Moosazadeh M, Yazdani S, Najafi A, et al. The effect of caring intervention (physical activity, diet and counseling) on gestational diabetes for pregnant women with metabolic syndrome. *The Journal of Maternal-Fetal & Neonatal Medicine*. 2020:1-7.
16. Ghorbani M, Keramat A, Ledari FM. Creatine phosphokinase, a new marker in diagnosis of tubal ectopic pregnancy; A Systematic Review. *Archives of academic emergency medicine*. 2020;8(1).
17. Mohsenzadeh-Ledari F, Keramat A, Khosravi A. Sexual Dysfunctions and Some Related Factors in Northeast Part of Iran. *J Health Stud*. 2019;5(1):1-4.
18. Faramarzi M, Bakhtiari A, Pasha H, Agajani Delavar M, Salmalian H, Nasiri Amiri F, et al. Effective Factors on Successful Comprehensive Exam in Midwifery Students. *Biannual Journal of Medical Education Education Development Center (edc) Babol University of Medical Sciences*. 2015; 3(1):52-8.

BOOK PUBLICATIONS



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[book] 1. Fundamental of Nursing and Midwifery: Procedures in the operating room, Publisher: Babol University of Medical Sciences, Authours: Farideh Mohsenzadeh, Mouloud Agajani Delavar, Zahra Banihosseini, Persian, 2012, ISBN: 978-964-7509-78-7

Projects

Approved Projects (Proposal) 2020- 2021

The effect of mindfulness-based counseling on mental health in women with a history of Coronavirus disease (COVID-19) in pregnancy. IR.MUBABOL.REC.1400.252

The effect of chewing gum on the Intensity of labor pain in Nulliparous women. IR.MUBABOL.REC.1400.059

The Effect of Individual Counseling virtual on Preoperative Perceived Stress in Patients with Repeat Cesarean Surgery to the obstetrics and gynecology clinic of Yahya Nejad Hospital, Babol University of Medical Sciences. IR.MUBABOL.REC.1400.040